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## LLVRC July 2021 Updates

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Draft To: Jim Andersen <jim@llvrc.org>

Hi All, Lots of good things are happening here at the Lake Las Vegas Rowing Club. I hope your summer has been as fun as ours!!!



### Club Updates:

#### Fireworks Sales update

Our Annual Fundraiser selling fireworks was a great success! Thanks to all the members and parents that came to the stand and sold almost all the fireworks. We made just over \$10,000 for the week and we did this with only one stand! A big shout out to LLVRC Board Member Tim Brooks and Emerald Island Casino, for purchasing \$3,000 worth of fireworks and getting us on the [news](#)!!!



If anyone wants to help us raise funds you can donate here. [CLICK HERE](#)

### USRowing Club Nationals

LLVRC Junior athletes **Bar Zituni** and **Meghan Schulz** competed at the USRowing Club Nationals on July 13-14 in Camden NJ. They entered the U19 1x events with 55 singles in the boys event and 62 singles in the girls event. Bar had a good Time Trial and placed 15 with a time of 7:53.4 for the 1900 m race. Meghan came in and said she had a poor race but then we found out she placed 8th with a time of 8:43.2. So they both moved on to the Semi Finals and needed to pace 1st or 2nd to qualify for the Final. Bar raced first and was super excited and took a big lead in the first 1000m only to fall back to 5th place. He still had a good time of 7:51.2 and **placed 13th overall**. Meghan raced hard and smart and placed fourth with a time of 8:37.1 and **placed 14th overall**. Overall it was a fantastic trip. Both Bar and Meghan come back this year for their senior year and are excited to race even more! Huge Thanks to Paul, Stafanie and Erica Schulz for all the help with logistics, travel and meals.



### Ella Gusick at USRowing Olympic Dev Camp

LLVRC Novice girl **Ella Gusick** was selected to the Southwest team for the Olympic Dev Camp and travelled to Jacksonville, FL for a month-long camp. She teamed up with 25 other girls from the Southwest region and trained in both sweep and sculling. They ended the camp with a race versus other regions and Ella raced in a 2x, 4+, and 8+ . On Friday she raced the SW "A" 2x and placed 5th in both the time trial and the A Final. On Saturday she raced in a 4+ and placed 4th, followed by the SW "A" 8+ and placed 3rd. On Sunday she raced in a 2x for the regional relay race and the SW team came in 3rd. Overall she enjoyed the camp, learned a lot and made amazing friends. She is excited to come back and get back on our beautiful lake.





### **Melissa Giovanni's article about her rowing adventure in the San Juan Islands**

"Okay, so I'll pick you up at the Seattle airport, we'll drive to Anacortes, and from there it's about a 10-mile row to Orcas Island..."\* At this point, I wondered just what I'd gotten myself into. My friend Jordan is a two-time Atlantic rower (with a Guinness World Record) and has rowed the entire length of the Mississippi. Twice. Whereas I had only held oars for the first time ever in July 2020. "I'm 1000% in", I replied. Thus began a week of rowing the Cutest Little Rowboat Clarabelle to and around several of the San Juan Islands. We were followed by seals, navigated shipping and ferry traffic, got waked by speeding yachts, and got more than a few looks from sailboats. We pulled off on random beaches for lunch and to explore little nooks and crannies on uninhabited islands. We camped on other beaches under the stars. Clarabelle is a custom Jersey skiff. Rowing her is very different from a racing shell – the oars are wood, wider apart, and the stroke is more elliptical. I got used to it pretty quickly... though this resulted in a hilarious return to practice yesterday when I flipped Big Bird twice in the space of about ten minutes!

All in all, over six days we rowed an estimated 65 miles. One of my favorite parts was finding the zen of rowing. We would row for a couple hours at a time and I loved how the repetitive motion became a soothing backdrop to our conversations and musings. Absolutely can't wait to do it again!



### **Kristie Stofler Rows all over the world.**

Our LLVRC Master rower and ex-triathlete, Kristie Stofler joined the club after meeting World Champion Fabiana Beltrame in her native Brazil and Fabiana recommended Kristie move to Lake Las Vegas. She did just that and has learned how to row well and still finds time to travel to Monaco and Brazil and gets to row there also.

#### **Monaco**



Brazil



### **LLVRC Donates to new program Sierra Rowing in Reno/Carson City**

A new rowing program has been formed in the Reno/Carson City area and they will row on Washoe Lake. Laurie Heer has started the club and the LLVRC has sold and donated some boats, oars, slings and other items to help them get started. Two Alumni from the junior program (Kalia Johnson and Alaina Backes) are headed that way and are looking to start the University of Nevada Reno Rowing Club this fall. Jim drove the boats up there last month.



### **Coaching updates:**

We were blessed to have two of our junior alumnus come back to help coach this summer: **Isabella Fimbres** (Texas) and **Braeden Boehlecke** (Oregon State) both came back and coached this summer.

**Daniel Chapman** (Nevada State College Rowing Alum) has been coaching since February, but I thought I would give him a shout out! He has been doing a great job coaching novices and has also helped us update our website. Keep up the good work.

**Scott Harris** our illustrious boatman extraordinaire, has been coaching the masters group in the mornings and has made huge strides with some of the new members. He continues to fix boats and is working on each single to make them look better and hopefully faster!

**Kayla Lankford** our newest coach, is planning on arriving in early August to help us recruit athletes for all our programs and will coach masters, college and novice juniors with Daniel. We are lucky to have her here. She was a college rower and High Performance sculler for years. I met her in OKC and she has recently been coaching in Florida. More on her once she arrives...

### **Other updates:**

#### **Welcome New Members:**

Juniors: Ava Zedelmayer, Jessica Mineo, Nicole Mineo, Isabella Ferguson, Jonathon Rose, Trevin Small (headed to row at Purdue in the fall), Ojas Kadam, Lauren O'Dell

Adults: Debbie Wilhelmy (part time LLV resident with her own boats), Kim Stansfield, Jason Small, Babe Rogers, Teagan Plutte, Jackie Clemons, Kitty Rose.

#### **Vespoli Demo 1x's**

Vespoli has lent us 4 SD Singles to use during the summer. All experienced rowers may try them out. We have 165lb, 175lb and 2 200lb boats for practice.

#### **Financial update to QuickBooks.**

We are in the middle of shifting to Quickbooks and the billing will be easier and more transparent. We will still use ACH and automatic CC payments, but you will be able to see your billing and account information much easier. Look for this transition in early August.

## Calendar updates:

Wednesday June 21st

**LLVRC Annual Meeting** Zoom Call

<https://us02web.zoom.us/j/87300234591?pwd=OHAWbFBrRENZNHZZd3NYdzhpYXYrdz09>

Saturday June 24th

**LLVRC 1K Club Championships** 6:00am to 9:00am

Sign up on [TeamApp Event page](#)

Saturday/Sunday July 31/Aug 1st

**LLVRC Learn to Row** Juniors and Adults welcome

<https://llvrc.org/product-category/ltr/>

Monday August 16th 3:00pm

**LLVRC Junior Practice Starts**

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